

I can help by coming in during the day!

- I'd be happy to help in the kitchen with lunch, snack, first aid & TLC (indicate all the days / times you are available, when you are called you can indicate the total amount of time you spend.)

I could be available these days:

___ Monday ___ Tuesday ___ Wednesday

___ Thursday ___ Friday ___ Any/All

I could be available these times:

___ 8:30 – 11:00 (break) ___ 9:30 – 1:30 (lunch)

___ 1- 4:00 (break) ___ 6 – 9 (second week only)

- I can grill
- I can help with the senior lunch on Thursday July 29
- I can help with refreshments for the parent meeting
Thursday July 29

Band Camp Dates

July

S	M	T	W	Th	F	S
	19	20	21	22	23	
	26	27	28	29	30	

I can help from home!

- I can donate food for kids' lunches and snacks

I'll bring:

Date:

Food Donation Suggestions:

(we have a lot of fridge space, so your contribution might not be served on the day you bring it)

Week 1

Sophomores – fruits/veggies cleaned and cut
Seniors – cookies/brownies, etc

Week 2

Freshmen – fruits/veggies cleaned and cut
Juniors – cookies/brownies, etc

- I can prepare a nice lunch for the adult staff

I'll bring:

Date:

- I'll make a cash donation in lieu of food
- I can make phone calls to confirm parent volunteers & contributions

Suggestions for lunch or snack menus, especially if your child has food allergies or dietary restrictions:



Summer 2010

Student Information

Student Name:

Grade:

Instrument:

- Food Allergies or Dietary Restrictions:
(use back of form to suggest suitable lunch and snack choices)
- Check medical form for information about:

Parent Volunteer Information

Name:

Phone:

e-mail:

- Call me to help organize band camp lunches
- I can coordinate the end-of-season band banquet
- I can coordinate the senior lunch on Thursday July 29
- I can coordinate refreshments for the parent meeting
Thursday July 29

Band camp fees cover only part of the expenses and we rely on parent support to make this event fun and healthy for our kids. Please fill this out and return this form with your medical form and camp payment – you will be contacted to confirm your contribution of food or time. THANKYOU!